



Physical Education Long Term Plan

		2023-2024		2024-2025		2025-2026	
		Year 1		Year 2		Year 3 / 4	
		Autumn 1	Autumn 2	Summer 1	Summer 2	Autumn 1	Autumn 2
Fundamental		Fundamental		Fundamental		Fundamental	
Gymnastics & Bikeability	Autumn 2	Gymnastics & Bikeability	Autumn 2	Gymnastics, Gymnastics	Autumn 1	Gymnastics, Gymnastics	Autumn 1
Yoga & Sending and Receiving	Spring 1	Yoga & Sending and Receiving	Spring 1	Yoga & Sending and Receiving	Summer 1	Yoga & Sending and Receiving	Summer 1
Ball Skills	Spring 2	Ball Skills	Spring 2	Ball Skills	Summer 2	Ball Skills	Summer 2
Cricket & Striking and Fielding	Summer 1	Cricket & Striking and Fielding	Summer 1	Cricket & Striking and Fielding	Summer 2	Cricket & Striking and Fielding	Summer 2
Target Games & Athletics	Summer 2	Target Games & Athletics	Summer 2	Target Games & Athletics	Autumn 1	Target Games & Athletics	Autumn 1
Gymnastics	Autumn 1	Fitness/multi skills	Autumn 2	Fitness/multi skills	Autumn 2	Fitness/multi skills	Autumn 2
Fitness/multi skills	Autumn 2	Target Games	Spring 1	Target Games	Spring 1	Target Games	Spring 1
Target Games	Spring 1	Invasion	Spring 2	Invasion	Spring 2	Invasion	Spring 2
Dance,	Summer 1	Dance,	Summer 1	Dance	Summer 1	Dance	Summer 1
Team Building, Athletics	Summer 2	Team Building, Athletics	Summer 1	Team Building	Summer 2	Team Building	Summer 2
Ball Skills, Gymnastics	Autumn 1	Football, Dance	Autumn 2	Ball skills, Gymnastics	Autumn 1	Football, Dance	Autumn 2
Football, Dance	Autumn 2	OAA, Basketball	Spring 1	Football, Dance	Autumn 2	OAA, Basketball	Spring 1
OAA, Basketball	Spring 1	Cricket, Fitness	Spring 2	OAA, Basketball	Autumn 1	Cricket, Fitness	Spring 2
Cricket, Fitness	Spring 2	Athletics, Hockey	Summer 1	OAA, Basketball	Autumn 2	Athletics, Hockey	Summer 1
Athletics, Hockey	Summer 1	Rounders, Tennis	Summer 2	Rounders, Tennis	Summer 2	Rounders, Tennis	Summer 2
Rounders, Tennis	Summer 2	Ball Skills, Gymnastics	Autumn 1	Ball skills, Gymnastics	Autumn 1	Ball Skills, Gymnastics	Autumn 1
Ball Skills, Gymnastics	Autumn 1	Football, Dance	Autumn 2	Football, Dance	Autumn 2	Football, Dance	Autumn 2
Football, Dance	Autumn 2	OAA, Basketball	Spring 1	OAA, Basketball	Spring 1	OAA, Basketball	Spring 1
OAA, Basketball	Spring 1	Cricket, Fitness	Spring 2	Cricket, Fitness	Spring 2	Cricket, Fitness	Spring 2
Cricket, Fitness	Spring 2	Athletics, Hockey	Summer 1	Athletics, Hockey	Summer 1	Athletics, Hockey	Summer 1
Athletics, Hockey	Summer 1	Rounders, Tennis	Summer 2	Rounders, Tennis	Summer 2	Rounders, Tennis	Summer 2
Rounders, Tennis	Summer 2	Tag Rugby, Gymnastics	Autumn 1	Tag Rugby, Gymnastics	Autumn 1	Tag Rugby, Gymnastics	Autumn 1
Tag Rugby, Gymnastics	Autumn 1	Football, Fitness	Autumn 2	Football, Fitness	Autumn 2	Football, Fitness	Autumn 2
Football, Fitness	Autumn 2	Netball, Dodgeball	Spring 1	Netball, Dodgeball	Spring 1	Netball, Dodgeball	Spring 1
Netball, Dodgeball	Spring 1	Cricket, Tennis	Spring 2	Cricket, Tennis	Spring 2	Cricket, Tennis	Spring 2
Cricket, Tennis	Spring 2	OAA, Rounders	Summer 1	OAA, Rounders	Summer 1	OAA, Rounders	Summer 1
OAA, Rounders	Summer 1	Athletics, Dance	Summer 2	Athletics, Dance	Summer 2	Athletics, Dance	Summer 2
Athletics, Dance	Summer 2						