



# PSHE/ RSE Long Term Plan

## 2023-2024

Year 1						Year 2						Year 3						Year 4 / 5						Year 5 / 6											
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2						
	Families and relationships		Citizenship		Economic Wellbeing & Transition		Health and Wellbeing		Citizenship		Transition		Families and Relationships		Citizenship		Economic Wellbeing		Health and Wellbeing		Safety and the changing body		Economic Wellbeing		Safety First		Diverse Britain		Safety and the changing body		Citizenship		Economic Wellbeing		Transition

## 2024-2025

Year 1						Year 2						Year 3 / 4						Year 4 / 5						Year 5 / 6									
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
	Families and relationships		Citizenship		Economic Wellbeing Transition		Families and relationships		Health and Wellbeing		Safety and the changing body Transition		Health and Wellbeing		Safety and the changing body		Citizenship		Families and relationship		Citizenship		Transition		Aiming High		Money Matters		Digital Wellbeing		It's my Body		Transition