



PSHE/ RSE Long Term Plan

Child starting during Cycle A

Year 1						Year 2						Year 3						Year 4 / 5						Year 5 / 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition

Child starting during Cycle B

Year 1						Year 2						Year 3						Year 4 / 5						Year 5 / 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition