

MENU CHOICE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021 03/01/2022 24/01/2022 14/02/2022 14/03/2022 04/04/2022 09/05/2022 06/06/2022 27/06/2022 18/07/2022	Main Choice 1	Fish Fingers or Cod Bites with Mashed Potatoes	Breaded Chicken Fillet with Potato Wedges	Roast Pork & Gravy with Roast & Mashed Potatoes	Big Breakfast - Bacon, Sausage & Scrambled Egg	Selection of Pizzas (v)
	Main Choice 2	Cheese & Potato Pie (v)	Pasta Neapolitan with a Wedge of Bread (v)	Quorn Fillet (v) & Gravy with Roast & Mashed Potatoes	Vegetarian Breakfast - Vegan Sausage & Scrambled Egg	Hearty Bolognese (vg)
	Vegetables	Peas, Baked Beans	Sweetcorn, Broccoli	Carrots, Cabbage	Hash Brown, Baked Beans, Tomatoes, Sweetcorn	Chips, Pasta, Peas, Baked Beans
	Pudding	Selection of Cookies	Lamingtons Jam & Coconut Sponge with Custard	Selection of Flapjacks	Chocolate Brownie	Fruity Friday Fruit Platters, Fresh Fruit Salad, Jelly, Frozen Yoghurt & Yoghurt
WEEK 2 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021 10/01/2022 31/01/2022 28/02/2022 21/03/2022 25/04/2022 16/05/2022 13/06/2022 04/07/2022	Main Choice 1	Breaded Chicken Fillet (optional Katsu curry sauce) with Herby Diced Potatoes or Rice	Chicken Korma with Rice & Naan Bread	Roast Beef, Yorkshire Pudding & Gravy with Roast & Mashed Potatoes	Sausages & Gravy	Selection of Pizzas (v)
	Main Choice 2	Pasta Neapolitan with a Wedge of Bread (v)	Fish Fingers, Fish Cake or Vegetable Fingers (vg)	Vegan Sausage (vg), Yorkshire Pudding & Gravy with Roast & Mashed Potatoes	Macaroni Cheese & Garlic Bread (v)	Hearty Cottage Pie (vg)
	Vegetables	Sweetcorn, Broccoli	Mashed Potatoes, Baked Beans, Peas	Carrots, Broccoli & Cauliflower Cheese	Mashed Potatoes, Peas, Sweetcorn	Chips, Pasta, Baked Beans Peas
	Pudding	Selection of Shortbreads	Double Chocolate Sponge with Chocolate Sauce	Selection of Cookies	Iced Vanilla Sponge & Custard (sprinkles)	Fruity Friday Fruit Platters, Fresh Fruit Salad, Jelly, Frozen Yoghurt & Yoghurt
WEEK 3 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021 17/01/2022 07/02/2022 07/03/2022 28/03/2022 02/05/2022 23/05/2022 20/06/2022 11/07/2022	Main Choice 1	Hearty Bolognese (vg)	Meatballs with a Fresh Tomato Sauce & Pasta	Roast Chicken & Gravy with Roast & Mashed Potatoes	Sausages & Gravy	Selection of Pizzas (v)
	Main Choice 2	Battered Seaside Fish or Fish Fingers	Pasta Neapolitan with a Wedge of Bread (v)	Quorn Fillet (v) & Gravy with Roast and Mashed Potatoes	Vegan Sausage (vg)	Hearty Chilli (vg) served with Jacket Potato or Rice
	Vegetables	Mashed Potatoes, Pasta, Peas, Baked Beans	Sweetcorn, Broccoli	Carrots, Cabbage, Cauliflower Cheese	Mashed Potatoes, Peas, Baked Beans	Chips, Baked Beans, Sweetcorn
	Pudding	Bakewell Sponge & Custard	Mini Doughnuts with Sauce	Selection of Cookies	Chocolate Sponge & Chocolate Sauce	Fruity Friday Fruit Platters, Fresh Fruit Salad, Jelly, Frozen Yoghurt & Yoghurt

Food Allergen & Intolerance Information: Before ordering speak to our staff about your requirements. The menu may vary on promotional days.

Free School Meals

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child may also get free school meals if you get any of these benefits and your child is both:

- younger than the **compulsory age for starting school**
- in full-time education

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2022.

Infant free school meals in England

Your child will be able to get free school meals if they're in a **government-funded school** and in:

- reception class
- year 1
- year 2

Tell your local authority if you also get any of the qualifying benefits. Your child's school can get extra funding if you do.

www.gov.uk/apply-free-school-meals

We serve balanced and nutritious food.

- ▶ 75% of meals are freshly prepared
- ▶ 50% of produce is locally sourced
- ▶ All eggs are free range
- ▶ All fish used on our menus are Marine Stewardship certified (MSC).
- ▶ We do not add salt to any of our meals.
- ▶ We use Belton organic cheese.
- ▶ All puddings are made using reduced sugar recipes and fresh fruit is available daily.
- ▶ Our menus meet the Food for Life standard.
- ▶ The menu may change to reflect seasonal fruit and vegetables.

Allergens and Special Diets

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager to discuss any dietary requirements you have.

Shire Services HEAD OFFICE
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website: www.shropshire.gov

STOKESAY PRIMARY SCHOOL

Menu

September 2021 - July 2022



You can follow us on Facebook as "Shire Services" and Twitter as 'Shropschoolmeal'

Education catering is our passion

